



About Health Possible Inc.

Health Possible Inc. was founded on February 13, 2017 in Wilmington, North Carolina by Sara R. Auld. Our Mission is that, “*We provide Wellness Financial Aid to give the working class independent health and unite healthcare and wellness through care coordination.*”

Health Possible Inc. was born out of a need in the Health & Fitness industry for hard working individuals in need for assistance, ready to make a change and unable to purchase physical preventive care. With obesity overcoming the nation, the problem to solve included providing the life skills and education in science, movement and coordination at a rate reasonable for the working class. Health insurance coverage exists for pharmaceutical drugs, sometimes nutrition information and usually mental health. In turn, we believe there should be a health financial aid, care coordination and case management system for the physical movement, the good food and the mind.

What began as Fitness Financial Aid has since evolved into today’s Wellness Financial Aid and includes all physical prevention forms of care including some unconventional types. Health Possible Inc. serves the Southeastern region of North Carolina and continues to expand it’s Client reach, Provider Network, Referral Partners, Applications, Donor Base and Team on an every day basis.

Health Possible Inc. offers physical prevention healthcare plans in the following manners: *Private individualized programs* with any one, two or all three offered divisions of care (Fitness, Nutrition, Mental Health) starting at 3 months for up to two consecutive years; *Group programs* with any one, two, or all three offered divisions of care; *Wellness Gathering of Wilmington* - a community wide, free of cost, two time per month counseled support group for physical health goals; *Students Learning Wellness* - a six week long elementary and middle after school wellness program full of educational sessions, social discussion and physical activities, free of cost, held on New Hanover County School campuses.

Donations can be made by mail or on our website at www.healthpossibleinc.org or you may contact the Founder, Sara R. Auld, by email at sara.auld@healthpossibleinc.org and other Board Members online.

Providers and Clients may apply online and community wide events and gatherings can be found on the website calendar. Physician referrals, School referrals, and other organization referrals may be faxed to 1-888-280-6765.

All office visits are by appointment only.

This information is provided to you by,

The Board of Directors